

Eupatorium Perf for flu:

Solomon Habtemariam and Angela M. Macpherson. *Cytotoxicity and Antibacterial Activity of Ethanol Extract from Leaves of a Herbal Drug, Boneset (Eupatorium perfoliatum)*. *Phytother. Res.* 14, 575–577 (2000).

53 outpatients suffering from common cold (flu) were randomly assigned to either a therapy with acetylsalicylic acid (ASA) or the homeopathic drug Eupatorium perfoliatum D2 in a controlled clinical trial. The efficacy of the drugs was assessed on day 1, 4 and 10 of the infection by symptom check lists and physical examinations. Neither subjective complaints nor body temperature or laboratory findings showed any significant differences between groups which was taken as evidence that both drugs were equally effective.

Gassinger CA, Wünstel G, Netter P. *A controlled clinical trial for testing the efficacy of the homeopathic drug eupatorium perfoliatum D2 in the treatment of common cold* *Arzneimittelforschung.* 1981;31(4):732-6.

William Boericke. Homoeopathic Materia Medica.

EUPATORIUM PERFOLIATUM (Thoroughwort)

Known as "Bone-set," from the prompt manner in which it relieves pain in limbs and muscles that accompanies some forms of febrile disease, like malaria and influenza. Eupatorium acts principally upon the gastro-hepatic organs and bronchial mucous membrane. It is a boon in miasmatic districts, along rivers, marshes, etc., and in all conditions where there is a great deal of bone-pain. Cachexia from old chronic, bilious intermittents. Worn-out constitutions from inebriety. Sluggishness of all organs and functions. Bone-pains, general and severe. Soreness. Marked periodicity. [Ars.; China; Cedron.]

Head.—Throbbing pain. Pressure as if a cap of lead pressed over the whole skull. Vertigo; sensation of falling to left. Vomiting of bile. Top and back of head with pain and soreness of eyeballs. Periodical headache, every third and seventh day. Occipital pain after lying down, with sense of weight.

Mouth.—Cracks in corners of mouth, yellow coated tongue, thirst.

Stomach.—Tongue yellow. Taste bitter. Hepatic region sore. Great thirst. Vomiting and purging of bile, of green liquid several quarts at a time. Vomiting preceded by thirst. Hiccough. [Sulph. ac.; Hydrocy. ac.] Avoids tight clothing.

Stool.—Frequent, green, watery. Cramps. Constipated, with sore liver.

Respiratory.—Coryza, with sneezing. Hoarseness and cough, with soreness in chest; must support it. Influenza, with great soreness of muscles and bones. Chronic loose cough, chest sore; worse at night. Cough relieved by getting on hands and knees.

Fever.—Perspiration relieves all symptoms except headache. Chill between 7 and 9 am., preceded by thirst with great soreness and aching of bones. Nausea, vomiting of bile at close of chill or hot stage; throbbing headache. Knows chill is coming on because he cannot drink enough.

Extremities.—Aching pain in back. Aching in bones of extremities with soreness of flesh. Aching in arms and wrists. Swelling of left great toe. Gouty soreness and inflamed nodosities of joints, associated with headache. Dropsical swelling.

Modalities.—Worse, periodically. Better, by conversation, by getting on hands and knees.

Relationship.—Compare: Bryon.; Sepia.; Natr. mur.; Chelidon. *Nyctanthes arbor - tristis* (bilious fever; insatiable thirst; bitter vomiting at close of chill; also constipation of children).

Dose.—Tincture, to third attenuation.

To order Eupatorium Perf Please contact:

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